BioStillness hereby confirms,

That \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ has participated in 1 webinars of 1.5 hours on Cranio Sacral Biodynamics: " Living a symbolic life: Archetypal patterns in craniosacral therapy

" (Teacher Jane Shaw) on April 12th, 2021.

Topics include:

“The symbols of the Self arise in the depths of the body and they express its materiality every bit as much as the structure of the perceiving consciousness” (Jung, 1939, Vol 9ii)

The psychologist C G Jung famously spoke of living a “symbolic life” as a way to individuate, or in other words, to have a conscious relationship to the archetype of wholeness—the Source, or the Self. The image is at the forefront of this approach meaning we use symbolic images for guidance and orientation to Source—and in craniosacral biodynamics we can use embodied imagery to guide us toward a state of wholeness.

This webinar will introduce Jungian concepts into a craniosacral therapy landscape. Specifically, we will explore how we can more consciously work with archetypal patterns reflected in our individual and collective imprinting. In this polarised and challenging world how can biodynamic craniosacral practices support a more conscious adaptation to a new world.

The workshop will be a blend of experiential embodied practices and theory.

This letter has been typed and is valid without a signature.

20th April 2021

Mar Ximenis Escriche

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**Bio**Stillness